

Issue Areas:
Seniors



Decorated Oven Mitts for Meals on Wheels

Millions of seniors across the country are struggling with hunger, isolation and the ability to pay for their basic needs. [Meals on Wheels](#) is a nationwide network of community-based, non-profit programs dedicated to providing seniors in their communities with the support that enables them to remain living in their own homes, where they want to be. This support is typically a nutritious meal, a friendly visit and a quick safety check.

You can put a smile on the face of a Meals on Wheels America recipient by making decorated oven mitts for the volunteer delivery drivers who use the mitts to protect their hands from the hot meals. You can buy the mitts as a family, have them donated, or ask kids to bring them to a service event at your church or school.

Contact your local Meal on Wheels America and ask them if they will accept your decorated oven mitts and arrange a time to deliver them. If they are not needed at this time, contact a local nursing home or assisted living center which may be able to use them.



What You Need

- Light colored oven mitts
- Fabric markers or fabric paints



How You Do It

- 1 Purchase oven mitts (your local dollar store or craft store is a good source).
- 2 Decorate the mitt with cheerful drawings which could be themed for holidays such as Christmas, Hanukkah and Valentine's Day or themes such as animals, flowers or people.
- 3 Deliver your mitts to your selected organization.



Before the
project

READ ONE OF THESE BOOKS.

"Sunshine Home" by Eve Bunting

This is a good story for anyone planning to visit a nursing home. Bunting's warm and heart-warming portrayal of a family facing the challenges of aging and discovering how much they need and love one another.

"Wilfrid Gordon McDonald Partridge" by Mem Fox

This is an amazing book that connects children with seniors and sets the stage for acts of kindness. It is a poignant story of a developmentally appropriate explanation to a young boy about losing one's memory.