

Issue Areas:  
Hunger



## Family Food Scavenger Hunt

Children and adults face hunger in every community across the country. Someone in your neighborhood, school or workplace may be struggling to get enough to eat. Many people who face hunger are forced to make tough choices between buying food and paying medical bills or their rent and having enough money for transportation, prescriptions and utilities.

Most food banks and food pantries will provide a list of the most needed food items. Your family can use this list to go on a *family food scavenger hunt* in your local grocery store.

If you are not familiar with your local food bank or pantry, you can search use the Feeding America Food Bank [locator](#) to search by state and zip code. Feeding America food banks serve large areas and there may be one that serves your community.



### What You Need

- Computer, printer and paper
- If a computer/printer is unavailable, see if you can pick up a printed list at the food bank
- Pen/pencil to check off items



### How You Do It

- 1 Research local food bank and list of needed items.
- 2 Print out list or stop by and pick up a list.
- 3 Bring the list to your local grocery and start your "hunt".
- 4 Pack up the food items and drop them off at your local food bank.



### Before the project

#### READ ONE OF THESE BOOKS.

*Uncle Willie and the Soup Kitchen* by Dyanne Disalvo-Ryan

A gentle and age-appropriate introduction to two key issues of our time—hunger and homelessness—from a kid's point of view. While walking in New York City, a young boy becomes interested in the people who live on the streets. Luckily for him, his Uncle Willie volunteers at a local soup kitchen where working together, he learns about the issues of hunger and homelessness.

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***Maddi's Fridge* by Lois Brandt**

Best friends Sofia and Maddi live in the same neighborhood, go to the same school, and play in the same park, but while Sofia's fridge at home is full of nutritious food, the fridge at Maddi's house is empty. With humor and warmth, this storybook addresses the issues of poverty and hunger. A call to action section, with six effective ways for children to help fight hunger and information on antihunger groups, is also included.

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**Will Lourcey**  
**2012 Hasbro Community Action Hero**  
**FROGS – Friends Reaching Our Goals**

At the age of seven, Will Lourcey saw a man standing on a street corner holding a sign that read: NEED A MEAL. He asked his parents what that meant and they told him that there were people in his community and all around the world who do not have enough food to eat. It made Will very sad inside, and he knew he needed to do something about.

Will gathered his friends and started FROGS – Friends Reaching Our Goals. The FROGS volunteers have served over 850,000 meals! Their latest project is their monthly Dinner Club: Fresh Food, Friends & Fun! They serve a fresh catered meal to kids who lack access to fresh fruits and vegetables then lead them in a service project. FROGS believes "we ALL have the ability to make our world a better place!" They use their Dinner Club events to empower kids to know they have the ability to make positive change and help others.

No matter how tall or small you are, YOU can make a big difference!

Some suggestions from FROGS include:

- Fundraising with a Lemonade/ Popsicle/ Lollipop stand
- Leading a food drive at your school or place of worship
- Hosting a monthly Dinner Club