

BASIC PLAY

AGES OVER 18 months

Hey Grown-ups!

This playbook is a great tool to help you introduce the toy and teach your child how to use it. Follow along together to help guide your child for a rewarding play experience.

Keep in mind: Since you know your child best, it is up to you to pick which products and resources are most appropriate for his or her level of ability. Make sure you supervise the play as needed, and don't modify the products. Looking for more guidance for your child's play level? Please visit www.autismproject.org for more information.

**This activity uses
the Lil' Slumbers™ doll.**



**baby
alive**

NOTE: Adult should remove and discard fasteners/packaging components.

ALL NEW MATERIALS: POLYESTER FIBERS REG. NO. PA—282

Surface wash only. Questions? Call: 1-800-255-5516

Make sure to reference the instructions sheet that came with the toy for assembly, play, and battery information.

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**This is the Baby Alive® Lil' Slumbers™ baby doll.
She is soft and snuggly. You can hold her and hug her.
Babies love kisses on their foreheads too!**



She comes with a bottle and teething ring accessories.



Bottle



Teething Ring



Sometimes babies are fussy because they are hungry. You can say, “Is baby hungry?” and pretend to feed her with the bottle.



After her bottle, pretend to burp her. Put your baby doll on your shoulder and gently tap her back.

**That's better,
baby.**



Pretend she is crying. Oh no! What's the matter, baby?



Hold the teething ring near her mouth and pretend she is chewing on it. Nom nom nom!



All better? Pretend she is giggling and is ready to play! First, hold her and help her sit up.



**Next, open and close her arms to pretend she is clapping her hands.
You can help her clap and sing a song to her!**



Sing:

**Pat-a-cake, pat-a-cake, baker's man
Bake me a cake as fast as you can
Roll it, and pat it, and mark it with a B
And put it in the oven for baby and me!**

**What a busy day! Pretend it's time for a nap.
You can lay her down and her eyes will close.**



Then, make sure she's comfy and cozy! Take a blanket from home and put it over her. Say, "Goodnight, baby! Sleep tight!"



It's so fun to play with your Baby Alive® doll!



SOCIAL PLAY

AGES OVER 18 months

Hey Grown-ups!

If your child is ready to try playing with others, the activities in this playbook can be a great tool to help you teach them how to engage in social and/or imaginative play.

Keep in mind: Since you know your child best, it is up to you to pick which products and resources are most appropriate for his or her level of ability. Make sure you supervise the play as needed, and don't modify the products. Looking for more guidance for your child's play level? Please visit www.autismproject.org for more information.

This activity uses the Lil' Slumbers™ doll and any other doll from home.

Shown here is the Sweet Tears™ doll.



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**This is the Baby Alive® Lil' Slumbers™ baby doll.
She comes with a bottle and teething ring accessories.**



Bottle



Teething Ring

You can also use things from home or accessories from other Baby Alive® dolls like:



Bowls and Spoons



Towel



Book



Blanket

It's fun to play with Baby Alive® Lil' Slumbers™ doll with a friend!



**Together, you can pick out names for your baby dolls.
You can say something like:**



**My baby's
name is Lucy.**

**Pretend your baby dolls are playing and laughing together.
First, open and close their arms to pretend they're clapping.**



**Then, you and your friend can sing a song together!
Help your baby dolls clap while you sing.**

**Play time makes babies hungry!
You can pretend to feed them.**



**Sometimes babies need more to eat than a bottle.
Take the bowls and spoons from home and pretend to feed them.**



You can say,



**“Mmmm, this is your favorite!
Yummy in your tummy!”**



“Now it’s your turn to take a bite!”

Meal time can be messy! Pretend to wipe food off your baby dolls' faces with a towel. You can say, "That's better. All clean!"



Now that they are all cleaned up, it's time for a nap! First, you and your friend can pick out a book and read them a bedtime story.



Then, pretend to get your baby dolls ready for nap time.



Take a blanket from home and put it over them.



**Say, "Night night, little babies! Sleep tight!"
Give them goodnight kisses and say,
"I love you, baby!"**

Pretending to take care of Baby Alive® baby dolls together is fun!

