



TWILIGHT SPARKLE  
AND SPIKE  
THE DRAGON

# ELEMENTS OF HARMONY

EPISODE 2

## IN THIS EPISODE

The wicked NIGHT MARE MOON returns and plunges Equestria into eternal night. To save Equestria, TWILIGHT SPARKLE searches for the Elements of Harmony, and in the process, she learns all about the magical power of friendship.

## FRIENDSHIP MESSAGE

When friends get together, it creates magic; and that's what true friendship is all about!

## CO-VIEWING TIPS



PRINCESS CELESTIA

Watching MY LITTLE PONY: FRIENDSHIP IS MAGIC is something you and your child can enjoy together. These tips can inspire discussion and help your little one understand some central themes in the show.

1. At the beginning of the episode, PRINCESS CELESTIA is missing, and NIGHT MARE MOON has taken her place. Is that a bit frightening for your little one? Let her know that you are both frightened and excited to see how it all turns out, and that you are glad that you are watching it together.
2. Is the idea of endless night scary for your child? Reassure her that nighttime is not bad. In fact, it's when the twinkling stars come out. It's when we get to dream wonderful dreams. It's also the time when lots of fascinating animals – like owls, cats, bats, raccoons, possums, mice, and others – come out to play.
3. The ponies discover that they represent the Elements of Harmony, and that together they have an empowering friendship – the strongest magic of all! Remind your little one of some of the close friendships that she has, and talk about how happy you are to have friends in your life.
4. At the end of this episode, PRINCESS CELESTIA forgives her sister, NIGHT MARE MOON, who is truly sorry for what she has done. Ask your child how she feels about the ending, and tell her about the importance of friendship, love, and forgiveness.





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## NIGHTTIME



**MY LITTLE PONY: FRIENDSHIP IS MAGIC**  
Inspires learning long after an episode ends. Here are some fun ways to reinforce the central themes of this episode throughout the day.

**NIGHT MARE MOON** makes the night seem a little scary. In fact, nighttime is very magical. Invite some of your child's friends some evening and take the opportunity to look at the stars together. Point out the constellations and tell them that people have been using these same stars to guide their adventures for thousands of years - from the explorers who discovered new lands (like America!) to the scientists and astronauts who explore space today. Ask if any of the kids would like to be explorers, scientists, or astronauts - and what new places and things they would like to discover.

## FAMILY TIME



Ask each member of your family to identify an Element of Harmony in their life. Share stories about how kindness, laughter, generosity, honesty, loyalty, and friendship play out in your family's life. Perhaps you remember a stranger's kindness, or a funny story that made you laugh really hard.

## AT THE LIBRARY



Browse the Internet and the library for books about the sun, stars, and moon. There's no end to what your child can learn about the world around her, or the stars, the planets, and the rest of the universe.

## ON THE WAY TO SCHOOL



Ask your child which of her friends represent each of the Elements of Harmony: kindness, laughter, generosity, honesty, loyalty, and friendship. It's a wonderful way to learn more about your child's friends and how she feels about them.



PRINCESS CELESTIA