

AGES 4+



SOCIAL PLAY

Hey Grown-ups!

If your child is ready to try playing with others, this playbook is a great tool to teach them how to incorporate basic social and imaginative play into this activity.

Keep in mind:

Since you know your child best, it is up to you to pick which products and resources are most appropriate for his or her level of ability. Make sure you supervise the play as needed, and don't modify the products.

Looking for more guidance for your child's play level? Please visit theautismproject.org for more information.



TOOLS

in collaboration with
THE AUTISM PROJECT



PRO GRIP™ FOOTBALL

Questions? Call: 1-800-255-5516
Product and colors may vary.
© 2015 Hasbro. All Rights Reserved.
TM & ® denote U.S. Trademarks.
A0357

You can play Nerf® football with your friends!

**Ask a friend to play with you,
and then find some clear space outside.**



**Would you like to
play NERF football
with me?**

**Sure!
I love to play
football.**

**Now let's play catch! You can stand in one place,
and your friend can stand across from you.**



**Ask your friend to walk 15 steps away from you.
This helps make sure there's enough room
between you to throw the ball.**

You can also take turns kicking the ball.



Your friend can hold the ball steady on the ground while you kick the ball.

Next, let your friend have a turn kicking the ball while you hold it for them.

Now let's run a "routes", a play from a pro football game.



**First, decide who will be the quarterback (the passer),
and who will be the receiver (catcher).**

Next, the quarterback (passer) will hold the football while the receiver (catcher) runs 20 paces away.

While the receiver runs, the quarterback will count to 3, and then tell the receiver that they're about to throw the ball.



The quarterback can say “Heads up!” or “Turn!”

Finally, the quarterback will throw the ball when the receiver turns around to catch it.

This play is called “routes” because the receiver can run in different routes to catch the ball.



Playing NERF football is fun to play together!